

The Fifteen Life Skills / Discipline With Purpose

The characteristics of an Ursuline education and the Discipline With Purpose program are a perfect match! The life skills framework of DWP recognizes the dignity of the individual child while honoring the developmental stages of growing and maturing. The fifteen self-discipline skills focus on the whole child and teach respect for oneself and others. The process of encouraging student self-monitoring of skill development exemplifies personal care for the individual. Development of the fifteen life-skills supports academic excellence and Christian service to others. By making Discipline With Purpose an important part of the Villa experience, we are better following St. Angela’s directive to “live in harmony united together, all of one heart and one will. Be bound to one another by the bond of charity, esteeming each other, helping each other, bearing with each other in Jesus Christ.”

The Fifteen Life Skills

<p>Basic Skills</p> <p><i>Prompted Birth-K</i></p> <p><i>Internalized Grs. K-3rd</i></p>	<p>1. Listening</p> <p>2. Following Instructions</p> <p>3. Questioning</p> <p>4. Sharing: Time, space, people and things</p> <p>5. Social skills</p>
<p>Constructive Skills</p> <p><i>Prompted Grs. K-3rd</i></p> <p><i>Internalized Grs. 3-7</i></p>	<p>6. Cooperating with others</p> <p>7. Understanding rules</p> <p>8. Figuring out how to Accomplish Tasks on your own</p> <p>9. Exhibiting leadership</p> <p>10. Communicating effectively</p>
<p>Generative Skills</p> <p><i>Prompted Grs.K-7th</i></p> <p><i>Internalized Grs. 7-12</i></p>	<p>11. Organizing: Time, Space, People, Things</p> <p>12. Resolving mutual problems</p> <p>13. Taking the initiative in problem solving</p> <p>14. Distinguishing fact from feeling</p> <p>15. Sacrificing/Serving Others</p>

THE FIFTEEN SKILLS ARE NOT CULTURE BOUND:

GROUPING THE SKILLS

The first five skills are called Basic Skills. They are difficult for children in Kindergarten through the end of grade 3 to demonstrate on their own without help. The most basic of all skills is Listening. The symbol for the Basic Skills is the handshake. It reminds us that people need people in order to get along in an institutional environment.



The second five skills are called Constructive Skills. Children in grades 4-7 are developmentally ready to learn these 5 skills. The symbol to represent the second set of skills is the liberty bell, since learning the rights and responsibilities expected of members of our society requires citizens to use Constructive Skills.



Five additional skills are learned from grades 8-High School. The last five skills are called Generative Skills. The demonstration of Generative Skills requires a more comprehensive world view. People are motivated to demonstrate these higher level skills when the needs of others can be recognized and are considered to be important. The symbol of the transmitter reminds us that people who want to make changes in the institutional or democratic environments must transmit what they know to transform the world in which we live.



The skills are grouped into three categories. While children of all ages can be taught something about all fifteen skills, during some phases of a child's development it is best to focus on certain skills.

Each of the fifteen skills are illustrated showing children some aspect of how the skill is to be practiced. Depending upon the culture of your school or home, you may select from the following skill posters available through Discipline With Purpose. A generic set, a multicultural set, Bible based illustrations or a set of skill posters created for Junior High and High School. As the program develops, the best illustrations will be those created by parents, students and educators to reflect the unique culture of the home and school.